



BRT Travel Club

Have you ever dreamed of swimming in San Francisco bay from Alcatraz island?? Bike the Queen K Highway in Kona? Run through Central park?

As spoiled as we are to train every day in our South Florida triathlon paradise...there is something exhilarating in taking your talents on the road to compete in an exotic location.

Each triathlete races using their own individual effort. However, when participating with friends, family and club members a competitor gains strength with their support.

We will work on club discounts, if possible, for some races, hotels, flights etc. Below are the races we have our eyes on for next year or races club members have already registered for in 2011

Olympic Distance:

Chicago Triathlon (August):





The Chicago Triathlon is the third stop of the Life Time Fitness Triathlon Series Race to the Toyota Cup. This is a great race in the heart of a great American city. This is the largest tri in N America with over 8500 racers.

The swim is in Monroe Harbor in the Lake Michigan waters. A great swim for those intimidated by open water swims as the depth is only 6-8' with the seawall (and rope) always within a couple yards.

The bike is a 2 loop flat and fast route north of downtown along Lakeshore Drive.

The scenic run is also flat and fast as you run along the shores of Lake Michigan by the Shedd Aquarium, Museum of Natural History and Soldier Field. The finish is right in the heart of Grant Park.

September, Washington DC



The Nation's Triathlon was named as one of the Ten Best Urban Races by Triathlete Magazine. (March 2010 issue)

The swim takes place in the scenic and calm Potomac River where you will swim past Arlington Cemetery and under the Memorial Bridge twice. The swim start is next to the transition area and the finish line so family and friends can watch more of your race.

The bike route is flat and fast winding past the Potomac River, the White House, Washington Monument, Lincoln Memorial, WWII Memorial, United States Peace Institute, Kennedy Center and over the Memorial Bridge. There is no bike course like it in the world.

The run route is a challenging and beautiful single-loop that takes competitors past the Tidal Basin, Jefferson Memorial, National Holocaust Memorial, US Mint, Haines Point and more. The finish line is adjacent to the transition area and swim start making it ideal for family and friends. The Finish Line Festival has live music, free food for athletes, free post-race massage and instant results printed for you right when you finish!



The inaugural edition of this race will be in March 2011.

Participants will swim 1.2 miles (1.9 km), which will be held in the protected waters of the Condado Lagoon. Spectators and Athletes will have a great view of the Swim Course from the San Juan Beach, the Dos Hermanos Bridge and the Caribe Hilton's San Geronimo grounds

The majority of the bike course will cover the northern part of the island from San Juan heading west towards the municipality of Dorado. During this course, the athletes will enjoy beach front views and some short but challenging hills. The running course will take athletes on a two loop run through the city of Old San Juan. Runners will make their way through the northern part of the islet with breathtaking views of the Atlantic Ocean, running past



Kona 70.3 (June 2011)



Hawaii's Big Island isn't just big, it's still growing. The Island of Hawaii is the youngest island in the Hawaiian chain and is also by far the biggest, providing a vast canvas of environments to discover a variety of unrivaled natural wonders. This is the home of one of the world's most active volcanoes (Kilauea), the tallest sea mountain in the world at more than 33,000 feet (Maunakea), the most massive mountain in the world (Maunaloa) and the largest park in the state ([Hawaii Volcanoes National Park](#)). All but two of the world's climate zones generate everything from lush rain forests to volcanic deserts, snow-capped mountaintops to beautiful black sand beaches.

The canon will go off at 7am @ Hapuna Beach State Park. The swim is an elongated rectangle that parallels the shoreline, in a clockwise direction. These may be the clearest blue waters you will ever swim in with clarity of 75' or more. Check out the coral formations and marine life below.



The bike leg is the northern half of the Ironman World Championship. Ride the Queen K highway alongside lava fields up the rolling hills to Hawi. Don't forget to check out the breathtaking views of the Pacific Ocean just over the cliffs to the west.



The scenic but challenging run course will travel throughout the resort grounds, around residential areas and the golf courses, along the shoreline by The Fairmont Orchid Hotel, past Petroglyph fields, and ancient fishponds. The run will be entirely within the resort grounds and will cover paved roads, cart paths and grass on several out-and-back segments. The run course will be hot, sunny, and over rolling hills.



IM New Zealand (March)



Across the Pacific and to the Southern hemisphere...check out one of the most exotic IM race sites.

New Zealand is a clean, green land of unspoiled beauty. Taupo is one of the jewels in the crown - a popular resort destination of scenic splendour and enjoyment. Taupo is a 45-minute flight or easy 3-4 hour drive from the gateway port of Auckland.

The 2.4 mile swim in the clean and fresh waters of Lake Taupo. Water temperature is normally around approximately 64 degrees Fahrenheit.



2 lap flat to undulating 112 mile safe cycle that affords some stunning views of the rich lush farm lands and forests that surround Taupo.. The spectacular scenery will inspire you.



26.2 miles run over a two lap out-and-back course, which is fast and mostly flat.



IM Florida (November)



Travel race doesn't have to entail a airline flight. We are fortunate to have a IM option right here in Florida just a drive away. The IM based in Panama City is known for being flat and fast!!

The swim is a 2 loop route in the Gulf of Mexico. The first loop is rectangle, with athletes actually exiting the water, and doing a turnaround on the beach. Upon re-entrance, athletes take a diagonal angle before reconnecting with the original portion of the swim course, continuing along the second loop.



The one loop bike portion of the event is extremely flat and fast, although wind can play a factor in the race.



The marathon will feature a two-loop course, with the turnaround in front of the Spinnaker Beach Club.



IM Arizona (November)



If you are looking for a late season race without Boca humidity...Arizona may be for you.

The swim is a deep-water mass start with one counter-clockwise loop in Tempe Town Lake. The water temps may be colder than you would expect for Arizona.



The bike is a 3 loops through rolling hills with great vistas of desert landscape, mesas and saguro cacti.



The run is 4 loops in tempe...great for extra support sightings and extra motivation



**If you have any suggestions or races you would like to add to the
“BRT wish list” please send us a note to info@bocaratontriathletes.com**